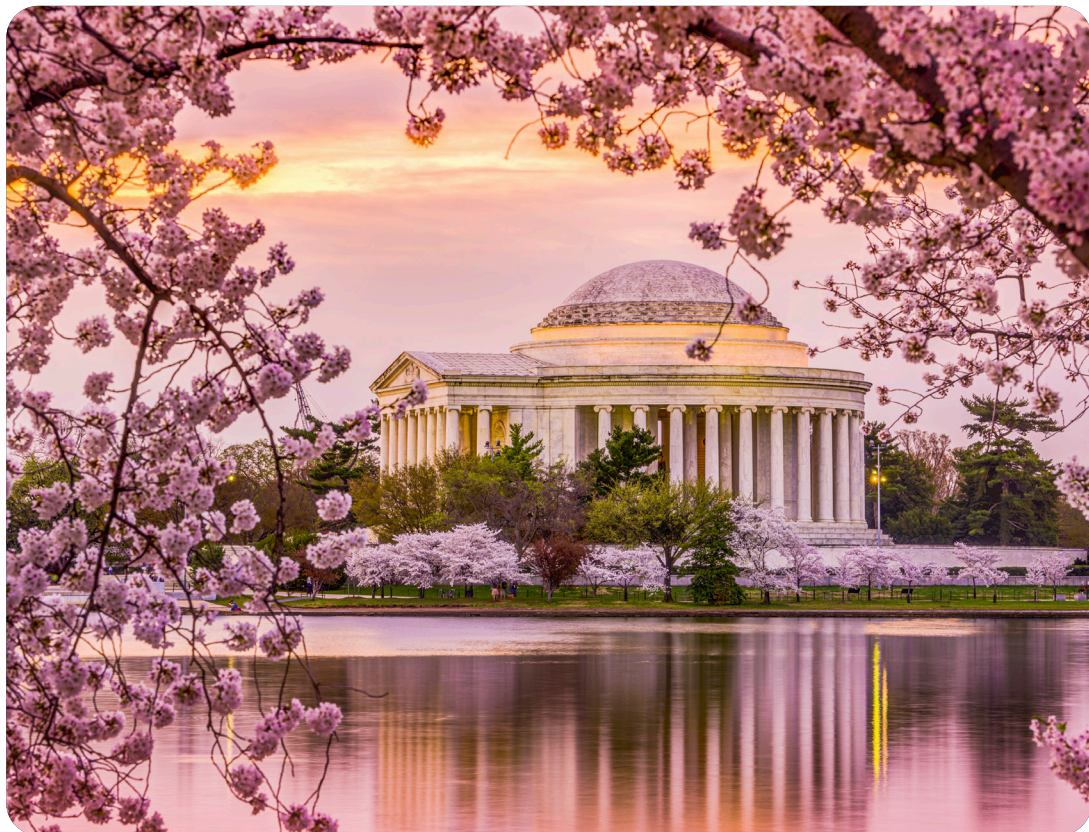


# Mastering Clinical Challenges in IBD



**May 7, 2022**

The Ritz-Carlton, Tysons Corner • McLean, VA

## Course Directors:

**MARK C. MATTAR, MD**

MedStar Georgetown University Hospital  
Washington, D.C.

**DAVID T. RUBIN, MD**

University of Chicago Medicine  
Chicago, IL

# Continuing Education Credit Information

## Course Description

The incidence of inflammatory bowel disease (IBD) continues to rise in the world, and now affects more than 3.1 million Americans. We currently have a better understanding of the pathogenesis of IBD, allowing for the development of new therapies targeting the inflammatory pathways. Hence, the management of this complex disease is in turn becoming complex, in which the clinician needs to use evidence-based medicine to personalize the use of the appropriate therapy for each individual patient. Becoming familiar with treat-to-target and disease modification strategies is essential to maximize the therapeutic benefit of therapies and the chance of maintaining IBD patients in remission and preventing complications. Patients with long standing IBD carry an increased risk of colon cancer, and the IBD therapies available have potential side effects. It is essential for healthcare providers to use current guidelines in prevention and screening of these complications to maximize patients' health and the quality of care. IBD not only affects the gastrointestinal tract, but also several extra-intestinal organ systems, often requiring a multidisciplinary approach to the patients involving several medicine specialties, colorectal surgery and radiology as well as nutrition support.

The purpose of this symposium is to provide up-to-date information on the pathogenesis of the disease process, as well as evidence-based recommendations on the management and monitoring of IBD and related inflammatory disorders. Through this course, the gap between state-of-the-art practice and current practices will be closed to provide a high quality, comprehensive, multidisciplinary approach to patients with IBD. We believe this approach will improve the quality of care provided to patients, decrease the risk of complications and morbidity, and reduce the overall burden of IBD on the patient and society. We will be utilizing a novel framework of mentor experts and mentee case presentations during this symposium. We will also be discussing state of the art lectures in training needs, artificial intelligence, and underrepresentation in IBD.

## Learning Objectives

- Implement quality measures in your clinical practice.
- Implement the use of biosimilars in the treatment of IBD.
- Identify the mechanism of action of small molecules and appropriately position them in the treatment of IBD.
- Optimize and maximize existing therapies through therapeutic drug monitoring.
- Analyze the management of the pregnant patient with IBD including management of the medications and disease process.
- Identify other diseases that may mimic IBD.
- Recognize and successfully manage rheumatologic manifestations in IBD.
- Recognize and successfully manage hepatobiliary complications in IBD.
- Recognize the advanced surgical procedures available for perianal disease.
- Recognize and implement the appropriate timing of surgical intervention in the management of IBD.
- Apply a multidisciplinary approach when treating IBD and its complications.
- Identify the roles and responsibilities of members of the healthcare team involved in the collaborative care of patients with IBD.
- Integrate a team-based approach in the care of patients with IBD.

# Target Audience

This conference is intended for gastroenterologists, internists, pathologists, pediatricians, surgeons, nutritionists, dietitians, medical students, residents, fellows, nurses, nurse practitioners, physician assistants, pharmacist technicians, and members of the healthcare team who are interested in the treatment of inflammatory bowel diseases.

# Accreditation



In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

# Credit Designation



This activity was planned by and for the healthcare team, and learners will receive 5.25 Interprofessional Continuing Education (IPCE) credits for learning and change.

**Physicians:** MedStar Health designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** This activity is approved for 5.25 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

**Physician Assistants:** MedStar Health has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 5.25 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

**Pharmacists/Pharmacist Technicians:** This activity is approved for 5.25 contact hours. This learning activity is knowledge-based. The Universal Activity Number for this program is UAN # JA4008151-0000-22-067-L04-P/ JA4008151-0000-22-067-L04-T.

# Course Directors

## **Mark C. Mattar, MD**

Director, IBD Center and Fellowship Training Program  
Quality Improvement Officer, Division of Gastroenterology  
MedStar Georgetown University Hospital  
Associate Professor, Medicine  
Georgetown University School of Medicine  
Washington, D.C.

## **David T. Rubin, MD**

Chief of Gastroenterology, Hepatology, and Nutrition  
Co-Director, Digestive Diseases Center  
Professor, Medicine  
University of Chicago Medicine  
Chicago, IL

# Faculty

## **Maria T. Abreu, MD**

Director, Crohn's & Colitis Center  
Martin Kalser Chair in Gastroenterology  
Vice Chair, Research Chair, Department of Medicine  
University of Miami Health System  
Professor, Medicine  
Professor, Microbiology and Immunology  
University of Miami School of Medicine  
Miami, FL

## **Jasmine Bahiya Barrow, MD**

Gastroenterologist, Center for Digestive Disease  
MedStar Franklin Square Medical Center  
Baltimore, MD

## **Mohammed Bayasi, MD**

Site Chief, Medstar Colorectal Surgery Program  
MedStar Georgetown University Hospital  
Associate Professor, Surgery  
Georgetown University School of Medicine  
Washington, D.C.

## **Raymond K. Cross, MD, MS, AGAF, FACG**

Director of the IBD Program  
Director, Digestive Health Center  
University of Maryland Medical Center  
Professor, Medicine  
University of Maryland School of Medicine  
Baltimore, MD

## **Oriana M. Damas, MD**

Gastroenterologist, Crohn's & Colitis Center  
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## **Michael Todd Dolinger, MD, MBA**

Advanced Pediatric Inflammatory Bowel Disease Fellow  
Icahn School of Medicine at Mount Sinai  
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## **Marla C. Dubinsky, MD**

Chief, Division of Pediatric Gastroenterology and Nutrition  
Co-Director, Susan and Leonard Feinstein IBD Center  
Director, Marie and Barry Lipman IBD Preconception and Planning Clinic  
Mount Sinai Kravis Children's Hospital  
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New York, NY

## **Neil H. Hyman, MD**

Chief, Section of Colon and Rectal Surgery  
Professor, Surgery  
University of Chicago Medicine  
Chicago, IL

## **Noa Krugliak Cleveland, MD**

Clinical Instructor  
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Chicago, IL

## **Aimee LeStrange, CRNP**

Nurse Practitioner, Gastroenterology  
MedStar Georgetown University Hospital  
Washington, D.C.

## **Millie D. Long MD, MPH**

Director, Gastroenterology and Hepatology Fellowship Program  
Vice-Chief, Education  
Division of Gastroenterology and Hepatology  
University of North Carolina  
Chapel Hill, NC

## **Nidhi Malhotra, MD**

Physician, Gastroenterology  
Cary Gastroenterology Associates  
Raleigh, NC

## **Sarah O'Rourke, DNP, APRN, AGPCNP-BC**

Nurse Practitioner  
Section of Gastroenterology, Hepatology, and Nutrition  
University of Chicago Medicine  
Chicago, IL

# Agenda

- 7:30 a.m.**      **Registration and Continental Breakfast**
- 8:00 a.m.**      **Welcome Remarks**  
Mark C. Mattar, MD; David T. Rubin, MD

## SESSION I

Moderator: Mark C. Mattar, MD

- 8:30 a.m.**      **Evolving Approaches to Diagnosis and Prognosis in IBD**  
Raymond K. Cross, MD, MS, AGAF, FACG;  
Nidhi Malhotra, MD
- 9:00 a.m.**      **Disease Monitoring, Point of Care Testing**  
Marla C. Dubinsky, MD;  
Michael Todd Dolinger, MD, MBA
- 9:30 a.m.**      **Prevention of Progression of Crohn's Disease**  
Maria T. Abreu, MD;  
Oriana Mazorra Damas, MD
- 10:00 a.m.**      **Prevention of Progression of Ulcerative Colitis**  
David T. Rubin, MD;  
Noa Krugliak Cleveland, MD
- 10:30 a.m.**      **Questions and Discussion**  
Moderator: Mark C. Mattar, MD  
Panelists: M. Abreu, N. Cleveland,  
R. Cross, O. Damas M. Dolinger,  
M. Dubinsky, N. Malhotra, D. Rubin
- 10:55 a.m.**      **Break and Visit the Exhibits**

## SESSION II

Moderator: David T. Rubin

- 11:10 a.m.**      **Approach to Resistant IBD, Considering Combination Therapies**  
Millie D. Long, MD, MPH;  
Jasmine Bahiya Barrow, MD
- 11:40 a.m.**      **Approach to Complex Perianal Disease**  
Neil H. Hyman, MD;  
Mohammed Bayasi, MD
- 12:10 p.m.**      **Questions and Discussion**  
Moderator: David T. Rubin  
Panelists: J. Barrow, M. Bayasi,  
N. Hyman, M. Long

- 12:30 p.m.**      **Lunch and Visit the Exhibits**
- 12:40 p.m.**      **APP Lunch and Learn: Health Maintenance for the IBD Patient, the Role of the APP**  
Aimee LeStrange, CRNP;  
Sarah O'Rourke, DNP, APRN, AGPCNP-BC

## SESSION III

Moderators: Mark C. Mattar, MD; David T. Rubin, MD

- 1:30 p.m.**      **Training Needs in IBD**  
Mark C. Mattar, MD
- 1:50 p.m.**      **Considerations Regarding Underrepresentation of IBD: What is Needed?**  
Maria T. Abreu, MD
- 2:10 p.m.**      **Artificial Intelligence in IBD: Is the Future Here?**  
David T. Rubin, MD
- 2:30 p.m.**      **Extraintestinal Manifestations in IBD: What are we Missing?**  
Millie D. Long, MD, MPH
- 2:50 p.m.**      **Questions and Discussion**  
Moderators: Mark C. Mattar, MD;  
David T. Rubin, MD  
Panelists: M. Abreu, M. Long
- 3:10 p.m.**      **Closing Remarks**  
Mark C. Mattar, MD; David T. Rubin, MD
- 3:20 p.m.**      **Adjourn**

# Registration Information

## Registration Fees

<b>Physician</b>	<b>\$125</b>
<b>Student, Resident or Fellow</b>	<b>\$0</b>
<b>Physician Assistant</b>	<b>\$75</b>
<b>Nurse Practitioner</b>	<b>\$75</b>
<b>Nurse</b>	<b>\$75</b>
<b>Allied Health Professional</b>	<b>\$75</b>
<b>Pharmacist</b>	<b>\$75</b>

## Online Registration Preferred

Please visit **MedStarHealth.org/IBD** for updated program and registration information. We are unable to accept registrations by telephone.

All registrations will be confirmed by email only. If you have questions or do not receive a confirmation within 1-2 business days, please contact us at MedStarCPE@MedStar.net or (833) 731-1273.

## Cancellation Policy

Cancellations made in writing by Friday, March 27, 2022 will be subject to a 50% penalty. No refunds will be given after Friday, March 27, 2022 Cancellations will not be accepted by telephone. In the unlikely event that the course is canceled, MedStar Health will refund the registration fee, but is not responsible for any travel costs.

## Venue Information

### **The Ritz-Carlton, Tysons Corner**

1700 Tysons Blvd., McLean, VA  
703-506-4300



## Special Assistance

MedStar Health wishes to ensure that no individual with a disability is excluded, denied services, segregated or otherwise treated differently from other individuals because of the absence of auxiliary aids or services identified in the Americans with Disabilities Act. Please contact (833) 731-1273 to notify us of your needs.

**For exhibit and support information please contact  
Ada Guo at [ada.guo@medstar.net](mailto:ada.guo@medstar.net)**