

Mentors across the Arc of a Career in Aging Research and Geriatric Medicine

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The Human Lifespan

	*	*	*	*	*
Age	0	25	50	75	100

The Human Lifespan

	*	*	*	*	*
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Here is where I am tonight:

*
81

**My “Wall of Fame”:
Mentors across the Arc of a
Career in Gerontology and
Geriatric Medicine**



1945 Grand Island, Mich.

Albert S. Hazzard, PhD



Samuel L. Leonard, PhD



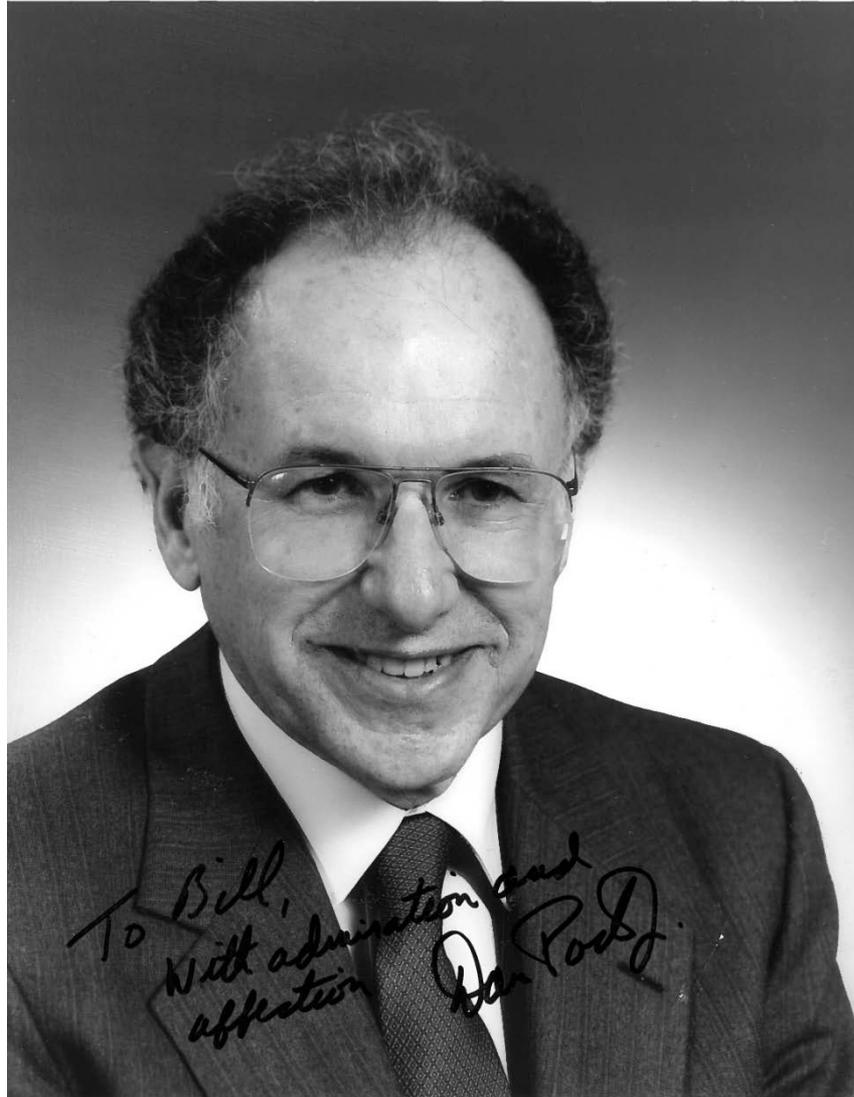
R. H. Williams, MD



Edwin L. Bierman, MD



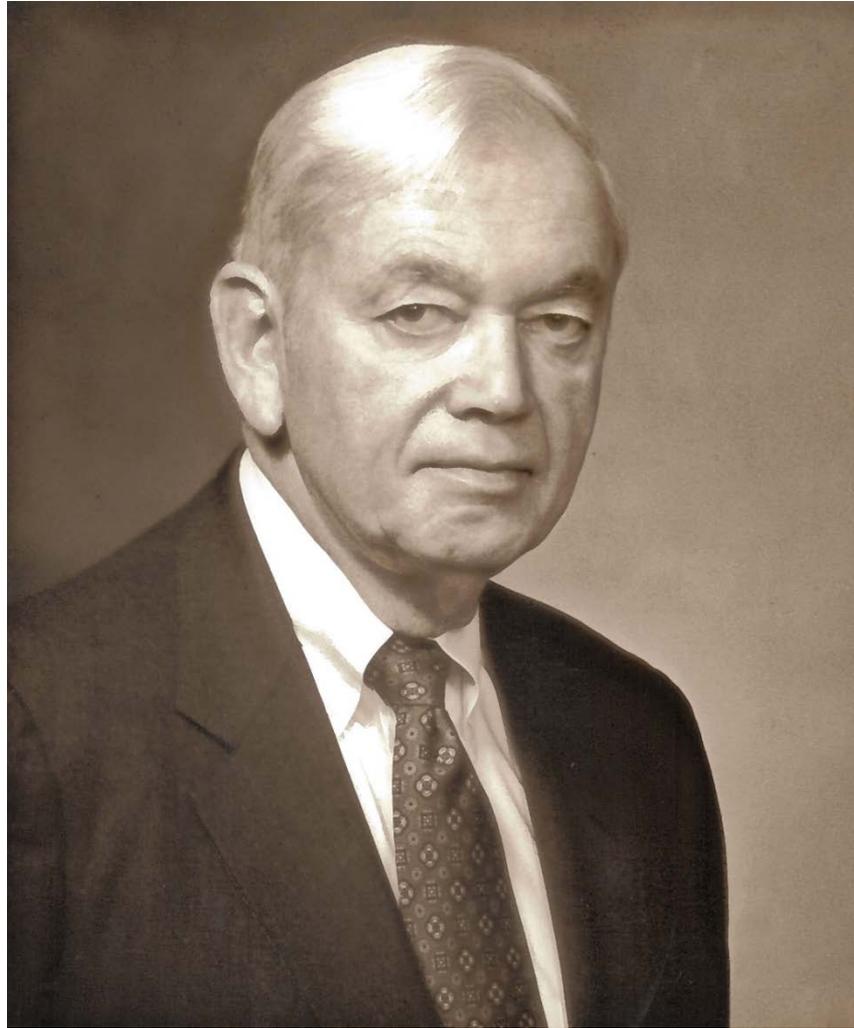
Dan Porte, Jr., MD



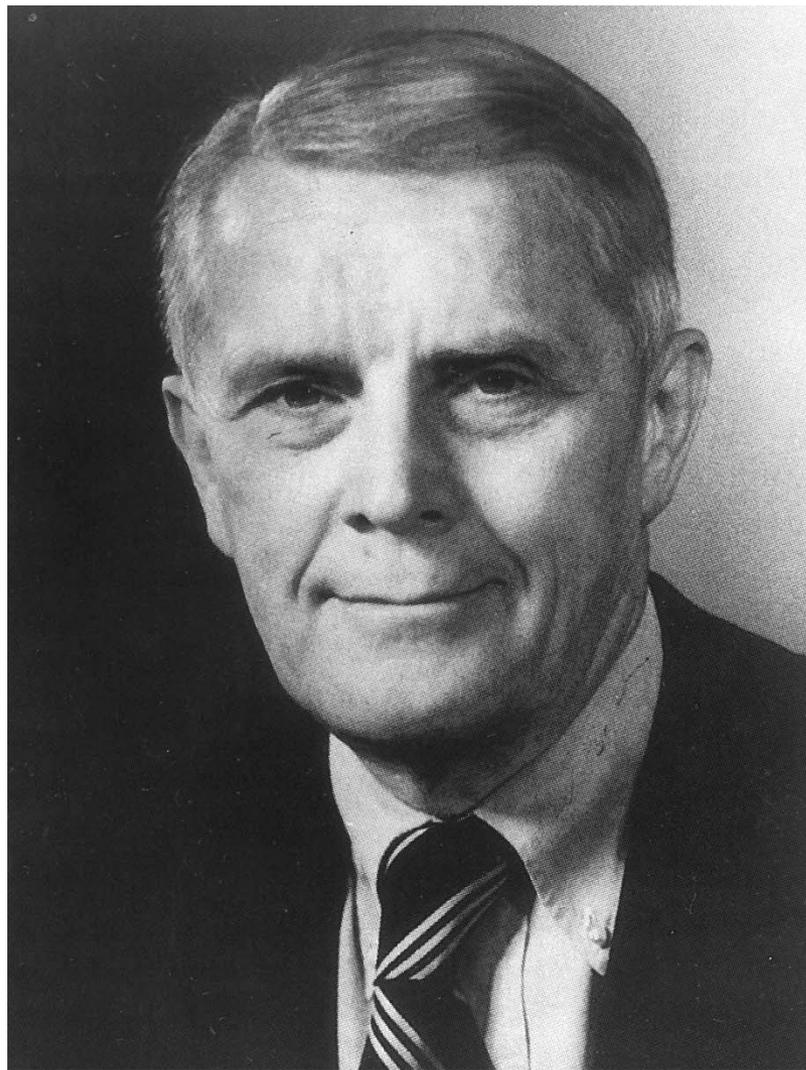
Joseph L. Goldstein, MD



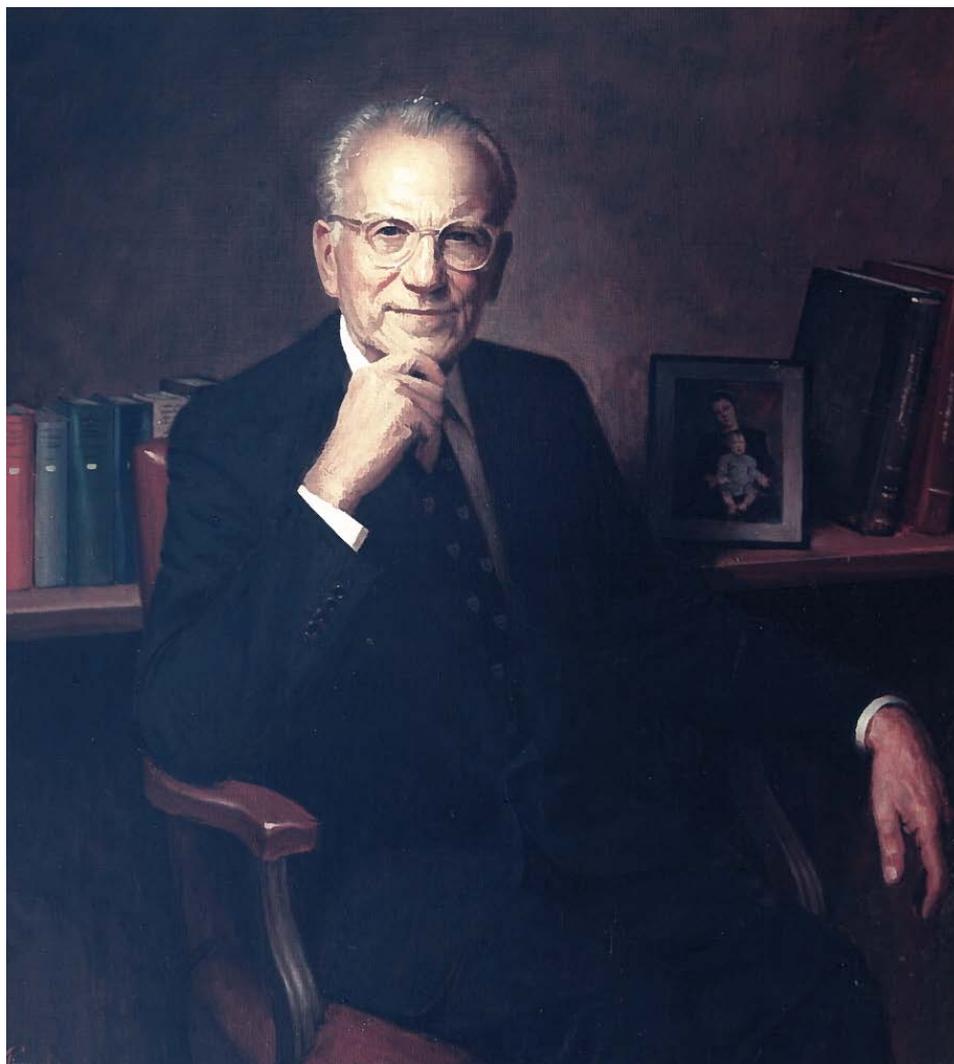
Robert Petersdorf, MD



Paul Beeson, MD



Victor A. McKusick, MD



My Most Important Lesson Learned in Developing Academic Programs in Gerontology and Geriatric Medicine at the University of Washington & Johns Hopkins:

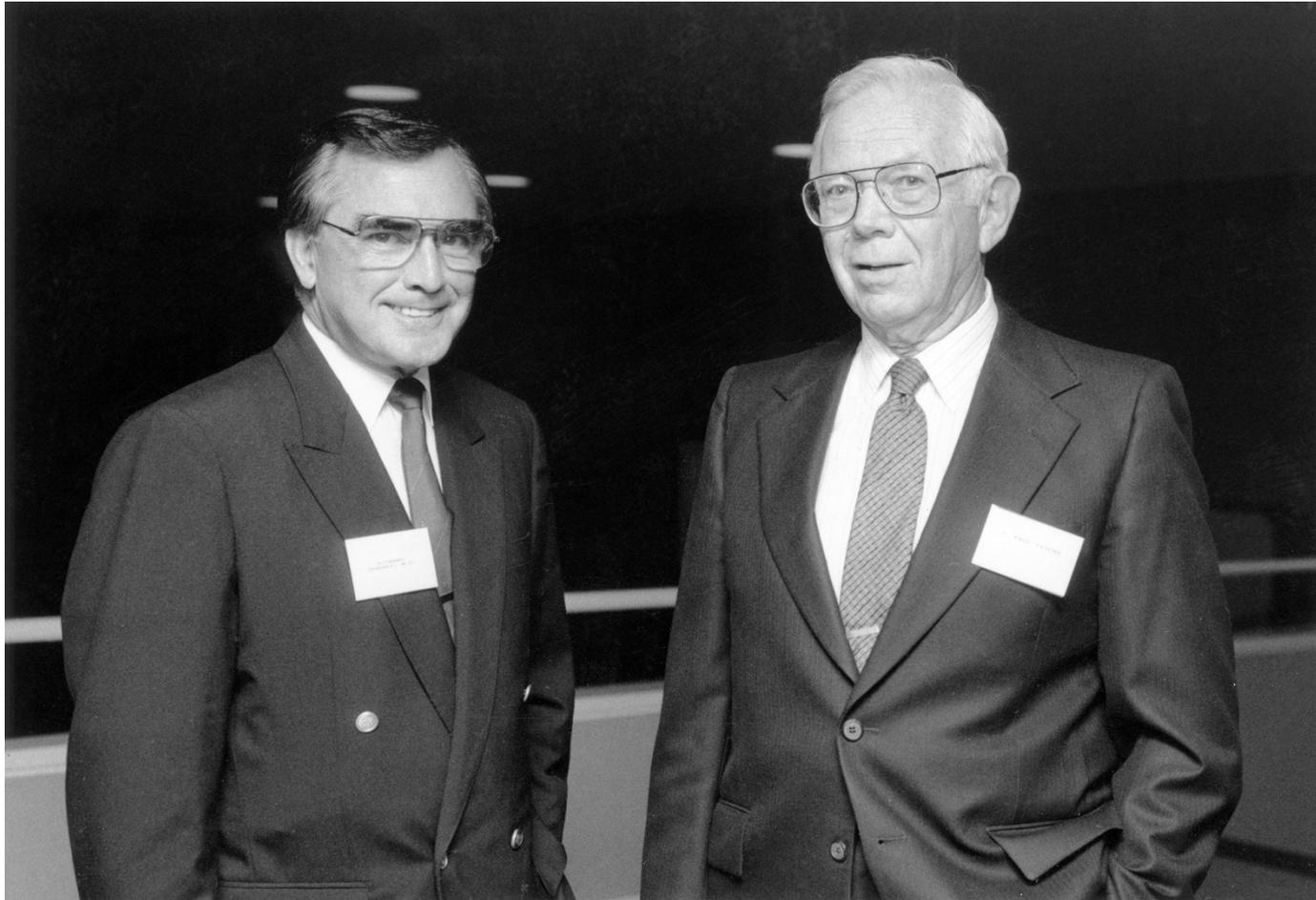
“You don’t get what you need, you don’t get what you want, you get what you negotiate for!”

So over 9 months and in 13 trips from Baltimore to Winston-Salem

I negotiated, negotiated, negotiated!

1985-86: My Counterparts in Negotiations

Dick Janeway and Paul Sticht



Dick Janeway – VP and Dean

J. Paul Sticht – CEO RJR Nabisco

Richard Janeway, MD



The Human Lifespan

	*	*	*	*	*
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- **Where are you on this timeline this evening?**
- **Do you know yourself and what brought you to this point?**
- **Time for a SWOT self-analysis? “To Thine Ownself Be True”**
-- Strengths -- Weaknesses -- Opportunities -- Threats
- **Who were your mentors along the way?**
- **What did they contribute to your career development to this point? How did they inspire or challenge you?**
- **Have you achieved independence and self-sufficiency?**
- **If a clinician, have you reached a branch point in your future career? Scientist? Esteemed clinician? Or system leader?**
- **Where do you want to be at the end of your career (& life)?**